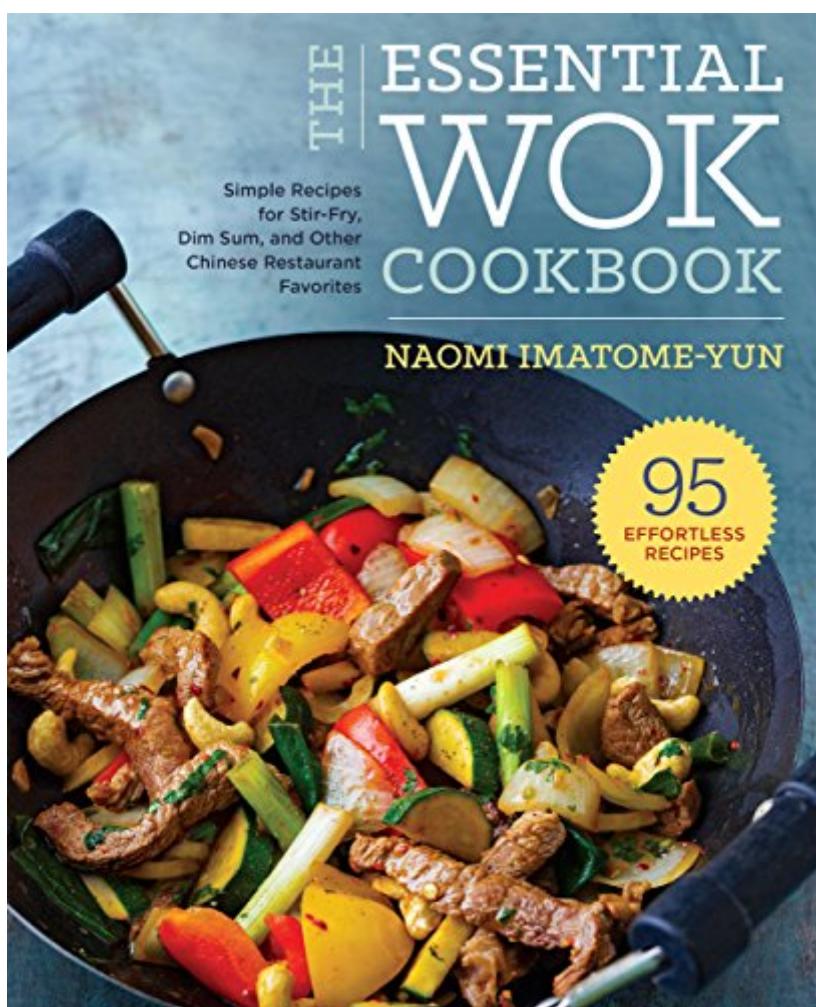


The book was found

The Essential Wok Cookbook: A Simple Chinese Cookbook For Stir-Fry, Dim Sum, And Other Restaurant Favorites



Synopsis

WALL STREET JOURNAL BEST SELLER All the Recipes You Need to Enjoy Comforting Chinese Food at Home Ordering Chinese takeout is easy but it's definitely not the healthiest or most affordable way to enjoy Chinese comfort food at home. With this simple cookbook in your kitchen and a mighty wok in your hand, Chinese favorites are now quicker, healthier, and cheaper than delivery. The Essential Wok Cookbook is your guide to mastering the wok, the versatile pan that makes possible all of the Chinese restaurant dishes you love no extra salt, oil, or MSG required. Beyond tips for selecting, seasoning, and caring for your wok, this cookbook also provides:

- Step-by-step illustrations for how to fold a dumpling, egg roll, and wonton
- Fun features on the origin stories and American reinventions of foods such as egg drop soup and fortune cookies
- Recipe labels to help you decide what to make when you're short on time (30 minutes or less) and tight on cash (under \$10)
- Recipe tips to swap ingredients, save time, make a dish more healthy, or kick up the heat

If a journey of a thousand miles begins with a single step, start cooking today with your wok and see just how far The Essential Wok Cookbook will take you. Fire up the wok with recipes like Perfect Pork Pot Stickers, Easy Vegetable Stir-Fry, Lighter Egg Foo Young, Sweet Chili Shrimp, General Tso's Chicken, Better Beef with Broccoli, and many more!

Book Information

File Size: 8696 KB

Print Length: 150 pages

Simultaneous Device Usage: Unlimited

Publisher: Rockridge Press (May 12, 2015)

Publication Date: May 12, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B00XLUTGCO

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #100,740 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian > Wok

Cookery #12 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian > Chinese #18 in Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery

Customer Reviews

This is a book that I truly enjoyed reading. The book begins by explaining the evolution of Chinese cooking in America. Ms. Imatome-Yun writes, "Chinese food in America is the product of immigration, local tastes, and American ingredients, which have influenced the evolution of the cuisine since the Gold Rush days of the 1850s." Throughout the book, there are snippets of "Origin Stories" that explain how a particular Chinese dish came to be (for example, fortune cookies are a purely an American tradition - they aren't made, served, or eaten in China). One section of the book that was invaluable to me was, "Wok Basics." You see, I bought this book because I bought a cast iron wok right here on . Well, every time I tried to cook with it, I kept undercooking or, worse, overcooking things because I could not regulate the temperature well. Now Ms. Imatome-Yun does say, "If that's all you have, don't fret. You can still follow the recipes in this book..." She finishes by saying, "When you get a chance, invest in a lighter, easy-to-use carbon steel wok." That's exactly what I did (except I bought one from a thrift store for nine bucks... and it was the best nine bucks I've ever spent.). Having a carbon steel wok has made all the difference in the world when preparing the dishes in this book. It's also good for deep frying, but that a whole different book... The section of the book called, "Kitchen Basics" helped me to understand which sauces I needed to effectively cook the dishes in the book. Some are non-negotiable, while others you can safely substitute. Having this information allowed me to prepare a list of things to buy from my local Asian market.

[Download to continue reading...](#)

Easy Dim Sum Cookbook (Dim Sum Cookbook, Dim Sum Recipes, Chinese Dim Sum, Chinese Dumplings 1) The Essential Wok Cookbook: A Simple Chinese Cookbook for Stir-Fry, Dim Sum, and Other Restaurant Favorites Wok This Way - 50 Asian Style Recipes - Wok Recipes - Stir Fry Recipes - (Asian Stir Fry Cookbook, Asian Wok Cooking, (Recipe Junkies - Wok Recipes) Stir-Fry Yourself Skinny (Low Fat, Stir-Fry Diet Recipes, Lose Weight Healthy Without Diet Pills Book 1) Simple Wok & Stir Fry Step-By-Step Dutch Oven, Cast Iron and Stir-Fry Box Set (5 in 1): Easy and Delicious Dutch Oven, Flat Belly Cast Iron, Paleo, Wok Recipes (Creative Recipes & Camp Meals) The Dim Sum Field Guide: A Taxonomy of Dumplings, Buns, Meats, Sweets, and Other Specialties of the Chinese Teahouse Chinese Wok Recipes: Special Chinese Wok, Chicken, Salad, Soup, And Rice Recipes Chinese Cooking: No Wok Takeout! 80 Amazingly Delicious 3 Steps Or Less Chinese

Recipes Revealed (Chinese Cookbook, Cooking For One) (cookbook for beginners, ... meals cookbook, easy meals for one 2) Dinner Recipes: A Collection of 3 Books For Egg Plant, Dim Sum, and Broccoli. Everything You Need For A Wonderful Easy To Make Dinner For Family And Friends ... (The Essential Kitchen Series Book 95) The Breath of a Wok: Unlocking the Spirit of Chinese Wok Cooking Throug Chinese Cooking at Home: From Soups to Stir-Fry, 50 Delicious Recipes for Every Occasion! (Asian Cuisine) Dim Sum: Learn Your Way around Making the Perfect Traditional Delights The Dim Sum Dumpling Book Dim Sum, Dead Some: An Un-Cozy Un-Culinary Josie Tucker Mystery (Josie Tucker Mysteries Book 2) The Wok Cookbook For Beginners: Easy Step-by-Step Wok Cooking Recipes For Beginners Stir Fry Cookbook: Over 110 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Natural Weight Loss Transformation Book 271) Sum & Substance Audio on Securities Regulation with Summary Supplement (CD) (Sum and Substance Audio) The Big Book of Dump Meals Box Set (11 in 1): Low Carb One Dish, One Pot, Slow and Pressure Cooker, Freezer and Stir-Fry Dump Meals for Stress-Free Cooking (One Pot Dump Dinners) Guilt-Free Low Carb Box Set (6 in 1): Over 200 Stir Fry, Spiralizer, Freezer, Mug Meals, Tea Cleanse, Ice Cream Recipes for Healthy and Pleasurable Weight ... (Special Appliances & Weight Loss Recipes)

[Dmca](#)